

Dentist: () Ph: ()

Eye Doctor: () Ph: ()

Foot Doctor: () Ph: ()

Pharmacist: () Ph: ()

Dietician: () Ph: ()

Diabetes Educator: () Ph: ()

Doctor: () Ph: ()

Name: _____

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Diabetes Care Card



I Have Diabetes

- * If I am acting strangely or cannot be awakened, my blood sugar may be low.
- * If I can swallow, give me 4 to 6 ounces of a sweetened soft drink, fruit juice or other sugar source.
- * If I do not recover within 10 to 15 minutes, repeat the above. Call a doctor or send me to a hospital.
- * If I cannot be awakened or cannot swallow, do not try to give me anything by mouth. Call a doctor and send me to the hospital right away.

Consider Joining one of the following:

- * **American Diabetes Association**
Type 1 and Type 2 Diabetes
1-800-DIABETES (1-800-342-2383)
www.diabetes.org
- * **Juvenile Diabetes Research Foundation, Inc.**
Type 1 Diabetes
1-800-JDF-CURE (1-800-533-2873)
www.jdf.org